

Established in 2003 by the Douglas College Sport Science Department, the purpose of this

*By filling out the check box below I understand that I have been asked to provide this personal information as it will be necessary for the Douglas College Foundation and Finance Department to report the earnings to Revenue Canada if I am selected as a recipient of this award.*

I acknowledge the statement listed above

Please provide the following information to the Adjudication Committee.

1. Please describe your leadership experiences in sport, physical activity, and leisure. These examples can be from Douglas College and/or from your involvement in the community.
2. In under 100 words, please explain what makes you a good leader.